

Convenient Running and Walking Routes for the SU Community

North Campus Loop

Route: From the Archbold-Flanagan entrance, take Sims Drive to Comstock Avenue to Waverly Avenue to Irving Avenue to Forestry Drive to Sims Drive.

Distance: 2.03 miles

Highlights: Very convenient access from many residence halls including Archbold-Flanagan. For variety, run it in different directions on different days.

Difficulty: Moderately hilly

Euclid-Stratford Loop

Route: From the Archbold-Flanagan entrance, take Sims Drive to Euclid Avenue to Lancaster Avenue to Stratford Street to Comstock Avenue to Sims Drive.

Distance: 1.48 miles

Highlights: This loop is nice and flat with a fair amount of shade and a nice “neighborhood” feel.

Difficulty: Candidate for the IHOP hall of fame; it’s a pancake!

Euclid Avenue Out-and-Back

Route: From the Archbold-Flanagan entrance, take Sims Dr. to Euclid Ave. to the Lancaster Ave. or Westcott St. intersections and back.

Distances: 1.18 miles to Lancaster and back;
1.80 miles to Westcott and back

Highlights: Plenty of other pedestrians, and it’s nearly impossible to lose your way!

Difficulty: If you don’t venture across Westcott St., it’s another pancake!

Comstock Avenue Out-and-Back

Route: From the Archbold-Flanagan entrance, take Sims Dr. to Comstock Ave. to the E. Colvin St. intersection and back.

Distances: 0.80 miles to Stratford St. and back;
1.05 miles to the marked Oakwood Cemetery entrance and back;
1.43 miles to the unmarked Oakwood Cemetery entrance and back;
2.21 miles to the E. Colvin St. intersection and back.

Highlights: Fairly shady, with lovely views of the cemetery!

Difficulty: You’ll feel fast as you run slightly downhill on the “out” portion; you’ll work a bit harder on the “back” stretch.

Lancaster Avenue Loop with Sims Drive Spur

Route: From the Archbold-Flanagan entrance, take Sims Drive to Euclid Avenue to Lancaster Avenue to E. Colvin Street to Comstock Avenue to Sims Drive.

Distance: 3.09 miles

Highlights: Lots of variety of terrain and the feeling that you’ve gotten off campus for awhile.

Difficulty: Moderately rolling, but no real hills.

Walnut Park Loop

Route: Loop Walnut Park between Harrison Street on its downhill (north) end and Waverly Avenue on its uphill (south) end.

Distance: 0.543 miles

Highlights: Easy access right out the door from any Walnut Park address. One can do multiple laps and never be far from home. For the softer grass surface, run just inside the curb and figure 0.50 miles per loop.

Difficulty: It all depends on whether you're running north or south at the moment. This loop has the perfect balance of gradual downhill and gradual uphill.

South Campus residents:

Skytop-Colvin Intersection to Comstock Avenue Out-and-Back

Route: From the intersection of Skytop Rd. and E. Colvin St., take Colvin St. west to Comstock Avenue and north to Euclid Avenue.

Distance: 0.46 miles to the Comstock-Colvin intersection and back

1.20 miles to the unmarked Comstock entrance to Oakwood Cemetery and back

2.267 miles to the Comstock-Euclid intersection and back

Highlights: For a run in the city, this route is surrounded by a lot of green space!

Difficulty: Piece of cake, especially on the way home, when the northwest wind is at your back!

Skytop-Colvin Intersection to Nottingham Road Out-and-Back

Route: From the intersection of Skytop Rd. and E. Colvin St., take Colvin St. east to Nottingham Rd. back.

Distance: 1.35 miles to Nottingham Rd. and back

Highlights: Good sidewalks, and you'll generally have a breeze to cool you off!

Difficulty: There's a noticeable bump in the middle in both directions!

Barry Park Out-Loop-and-Back

Route: From the intersection of E. Colvin St. and either Lancaster Avenue or Buckingham Avenue, run north on Lancaster or Buckingham to Meadowbrook Drive. Turn right onto Meadowbrook to Barry Park, loop Barry Park (using Meadowbrook Dr., Broad St., and Westcott St.) and then head back to E. Colvin St.

Distance: 1.127 miles to go out, around once, and back

0.678 additional miles for each additional lap around Barry Park.

Highlights: Very convenient from many lower Skytop apartments, and it's scenic with relatively little vehicular traffic.

Difficulty: Another IHOP special.

Lancaster Avenue Loop

Route: Jump onto E. Colvin Street anywhere between Skytop Road and Lancaster Avenue, and follow the loop that includes Lancaster Avenue, Euclid Avenue, Comstock Avenue, and E. Colvin Street.

Distance: 2.60 miles

Highlights: Lots of variety of terrain and the feeling that you've gotten off campus for awhile.

Difficulty: Moderately rolling, but no real hills.